Empathy Workshop Activity Breakdown

Time	Activity	Description	Goal
8:30	Icebreaker	Best live show you have seen? OR Best meal you have eaten?	Warm up, the instructor will learn more about participants and set a tone for a relaxed open discussion environment.
	Pre-Survey Note: pre-survey was sent out to participants via email 1 week before course.	Participants will fill out a brief pre-survey, paper copy.	Allow instructor to assess value of workshop in teaching empathy techniques
8:45 – 8:50	Introduction to Empathy	• Shared Definition of Empathy • Empathy vs Anthropomorphism • Evidence to support empathy in conservation	

8:50-8:55	Introduction to ACE Network	• Brief History
		• Resources available
		• Projects NWTrek has been able to do with their support
		  ○ Empathy integration into trams/wild drives
		  ○ Nisqually Fellowship position/integration of TEK into programming
		  ○ Empathy Exchange	

8:55-9:05	3 Types of Empathy	• Cognitive, Affective, Motivational • Not getting deep into definitions or stuck in the jargon, just providing a baseline so we are all approaching empathy work from the same angle • What elicits empathy? Agency, affectivity, coherence and continuity.	
9:05-9:10	Barriers to Empathy	• Look for ways to tie in barriers to the conflicts that WFDW encounters in their outreach	
9:10-9:20	Empathy Bridge	• Opted to present empathy bridge vs empathy wheel due to instructor's personal preferences and familiarity.	

9:20-9:45	Breakdown of Best Practices	• Framing, Modeling, Increasing Knowledge, Providing Experiences, Practice, Activating Imagination • I give an example of each from NWTrek, then have participants give an example from their own programming	
9:45 – 10:00	Break	15 min break, may occur partway through breakdown of best practices	
10:00 – 10:30	Breakdown of Best Practices	• Framing, Modeling, Increasing Knowledge, Providing Experiences, Practice, Activating Imagination I give an example of each from NWTrek, then have participants give an example from their own programming	
10:30 – 11:00	*Activity: Six Degrees of Empathy*	Participants will be divided into pairs and will choose from a list of animals and conservation actions. In six sentences or less, they will practice creating a connection between their chosen animal, an empathy expression, and ending with a conservation action.	
11:00 – 12:00	Explore the Core	Free exploration of core area • Highly encourage the group to attend 11:30 Keeper Chat	
12:00-12:40pm	Lunch/Exploration	Meet back in Theater at 12:40, walk down to Tour Station together	
12:45 – 1:45 pm	Tram Tour	Tram Tour with general public	
2:00-2:30	Debrief/post-survey	• Meet group at Tour Station, escort back to Theater • Fill out post-survey • Open floor for thoughts and discussions	